



St Nicolas Anglican Church  
Carine Duncraig

**BELONGING HANDBOOK**

*Belonging is an essential part of being human. We can have all the world has to offer in terms of status, achievement and possessions, yet without a true sense of belonging, our lives feel empty and pointless. As Christians we believe that ultimately we belong with God. This 'Belonging Handbook' has been compiled to assist you if you feel called to belong at St Nicolas.*

### A Blessing

Blessed be the longing that brought you here and that quickens your soul with wonder.

May you have the courage to befriend your eternal longing.

May you enjoy the critical and creative companionship of the question: 'Who am I?' and may it brighten your longing.

May a secret providence guide your thought and shelter your feelings.

May your mind inhabit your life with the same sureness with which your body belongs in the world.

May the sense of something absent enlarge your life.

May your soul be as free as the ever-new waves of the sea. May you succumb to the danger of growth.

May you live in the neighbourhood of wonder.

May you belong to love with the wildness of dance.

May you know that you are ever-embraced in the kind circle of God.

from *Eternal Echoes* by John O'Donohue



**Rector**    Revd. Helen Jane Corr  
                  Mobile 0418802216  
                  helenjane@stnicolasanglican.org

**Deacon**    Revd. Rod Brandreth  
                  Mobile 0421558297

**Parish Administrator** Mrs Miranda Goodwin  
                  office@stnicolasanglican.org  
                  Office hours Tues 10-2, Thurs 9-1, Friday 9-11  
                  Office phone 94481421

**Parish Council 2016-17**

People's Warden	Helen Krynen	0412810545
Rector's Warden	Sandra Boylan	0408106604
Treasurer	Helen Holan	
Secretary	Barbara McDonald	
Councillors	Barry Tibbits	
	Leonie Hetebry	
	Dave Landmark	
	Andrew Lucas	

## **THE FRIENDSHIP GROUP**

The Friendship Group is made up mainly of women from the Parish who like to share interests, knowledge and life experiences.

Our aim is to foster friendship whilst giving support to others in a happy and caring environment.

Guest Speakers are often invited to meetings. We hold special social occasions such as a High Tea and a Spring Breakfast where other women family members and friends are invited.

We meet on the **second Monday of the month** in The Parish Hall commencing at **7.30 pm**. We invite all women of the Parish to join us as a member or you are welcome to come and join us occasionally or whenever you have time to come.

### **Sandra Boylan**

Phone: 94474039

Email: Sage-me@outlook.com

## **ST NICOLAS ANGLICAN MEN'S GROUP**

The Men's Group offers fellowship between the men of the parish and wider community, facilitating their spiritual and emotional growth and encouraging them to use their skills and talents.

We meet in the Parish Hall in a friendly, informal and relaxing atmosphere – men are encouraged to invite their friends. After a light continental breakfast we usually have a special guest who we invite to share with us on a range of topics. Once or twice a year we invite the ladies to join us when the topic is of general interest.

We usually meet on the **first Saturday every month from 7.30 – 9am** and there is a small charge of \$5 to cover food costs. Any surplus monies are retained and donated to needy causes. Occasionally we organize an evening Dinner Meeting to fit in with the Parish Program.

### **Don Rock**

Phone: 93079415 0457452961

Email: werocks@iinet.net.au

## MOTHER'S UNION

MU is a world-wide organisation. Our branch offers prayerful support and fellowship for our members and our parish family, in particular through funeral hospitality and baptism information kits. We provide prayerful and financial support to local, national and world-wide MU Projects.

We meet on the **3<sup>rd</sup> Monday of the month 10.30- 12 noon.**

Meetings commence with morning tea, fellowship and worship. Activities include guest speakers, craft, outings, spiritual reflection and special projects. There are also opportunities to attend MU Diocesan Events. All women are welcome.

**Helen Krynen** (President)

Phone: 0412810545

**Heather King** (Secretary)

Phone: 9243 0039

## CARING FOR THE CHURCH GROUNDS

As the church of St Nicolas stands on a prominent corner site in the community of Carine-Duncraig it is important for us to keep the surrounding gardens as a statement of our care for God's creation and a witness to our Christian faith.

**Gardening Group:** At present, a small number of parishioners working alone or in pairs undertake the care of some sections of the garden which borders the car park. The memorial garden is also a special garden space.

Maintenance includes light pruning, weeding and feeding the existing plants in these areas. Three or four hours each month is all it takes. It is a lovely garden to work in.

We need more people so if you would like to join the group please contact: **Jen Tabor** Phone: 9448 4136

**Sweeping Group:** There is a team who keep the backyard area clean and tidy, sweeping up leaves and raking and sieving the children's sandpits. This job is done weekly on a rostered basis. If you feel called to help out (while your kids help or play in the sandpits) please contact: **Dave Landmark** Phone: 9403 2036.

## **SUNDAY SCHOOL**

Sunday school is open to all children aged 3 to 9. We meet in the church hall while the 9-30 service is in progress. We aim to introduce children to the Christian faith with simple teaching and example. We join the adults in church for about 10 minutes at the start of the service.

Our activities include Bible stories – Music – Drama – Games – Craft and lots of Fun. We have several leaders and we work on a roster basis, each leading two or three times a term. Our leaders have a 'Working with Children Card'. We hope to make all children welcome and enjoy their time with us.

We meet in the church hall on **Sundays during school term** at 9-30 am. Just bring your children into the hall when you arrive before the service and there will be someone ready to welcome them and help them feel at home.

### **Brenda Clark**

Phone: 0479067133

Email: [bmclark1943@yahoo.com.au](mailto:bmclark1943@yahoo.com.au)

## **DOUBLE DIGITS**

DD is for children 10 + and runs at the second service during school terms. The primary aim of the group is to help the children make connections with each other and between 'The Story of our faith' and 'their story'; it is not about giving information so much as building relationships. If you are interested in mentoring please see Wayne or Helen Jane.

### **Wayne McDonald**

Phone: 0448255745

Email: [wayne\\_mcdonald@bigpond.com](mailto:wayne_mcdonald@bigpond.com)

## **ST NIC'S COFFEE CLUB**

For youth aged 17yrs to 21yrs.

This group is for St Nic's young people in Yr 11 and above to get together and share, connect, and enjoy each other's company over a hot cup of coffee. A love of coffee is not essential. :-) We gather together once a term, at a different coffee shop each time.

Coordinator :

**Leonie Hetebry** Phone: 0403990766

## **EDUCATION**

We regularly run courses, please refer to the pew sheet for information about these. During Lent and Advent we have Meditation on Thursday evenings at the church 7:30-8:30pm

**Helen Jane Corr**

Phone: 0418802216

## **PRAYER GROUP**

We pray for the world, the church (especially St Nic's), those in need, those who mourn and for ourselves. You are welcome to join us. We meet Wednesdays at 10:15 am in the church (except school holidays).

## **CURSILLO**

“Cursillo” is a Spanish word meaning a “short course”.

The Cursillo weekend is a 3-day short course in Christian living. The focus of the weekend is a series of talks, worship and fellowship. The Cursillo Group Reunion is a regular gathering of people who have attended the Cursillo weekend, known as Cursillistas. We share ways of coming close to God, media we have read or seen to learn more about God and successes we have had in sharing God's love with others.

Cursillo Group Reunion – 2<sup>nd</sup> Saturday of each month – 8:00 to 9:00am at the church.

Cursillo weekends are held once or twice each year. Brochures are available in the church entrance.

### **Dave Landmark**

Phone: 9403 2036

Email: [davelandmark@hotmail.com](mailto:davelandmark@hotmail.com)

## **FOOD DONATIONS**

We collect food for an Emergency Food Service in Balga. Please place your donations in the wooden trolley at the entrance to the church.

### **Parish Office**

Phone: 94481421

## **BALGA OUTREACH PROGRAM**

The school is unique in that students are enrolled in a diverse range of specialist programs. These programs have been established to specifically cater for students whose educational journeys often reflect periods of discontinuity, disruption and disconnection. The parents of our students, whilst caring for their children are often challenged in supporting their child's educational and social needs. With a strong focus on the well being of each student, the school specialises in the intensive teaching of literacy and numeracy, is culturally diverse and aware of cultural needs, has small teaching groups and offers a supportive learning environment whilst also supporting students with personal development.

Our Outreach Program endeavours to support the students by assisting in meeting their nutritional needs so that they can more readily benefit from their educational opportunities.

Each Monday a team of 3 people prepares and serves breakfast to students at Balga Senior High School. Another group make up free salad sandwiches for lunch each Monday to Wednesday at the school. We also assist with the provision of food for breakfast and hot lunches on Thursdays and Fridays.

There are 2 breakfast teams and 3 different people that prepare lunches. Additional teams, or people willing to fill in when our team members are absent, would be most welcome. There is a box at Church into which donated food items can be placed.

Breakfasts - **Phillipa McLean**: 0409 884 816

Lunches - Ali Gee School Chaplain 0407 194 085

Lyn Perkins: 0407472975

Email: lyn.perkins53@gmail.com

## **MUSIC**

The group comprises of people from all walks of life who want to facilitate worship at St Nicolas Anglican Church through the gift of music. The group provides music for the services and other festivals and events throughout the year, including the Christmas Eve Children's Service and the Easter Dawn Service. It is also a privilege to offer our care and support for parish families by playing at a loved one's funeral.

You are welcome to join. We are inclusive of all instruments and have the resources to be able to create new arrangements to accommodate whatever instrument you play.

Your commitment could range from sporadic music appearances at any church service to performing a piece during communion, to having a regular time slot on the music roster.

We do not currently have a regular meeting time, but a great time to chat about how you would like to become involved is to introduce yourself to the music team at the end of a service.

### **Pippa Chapman**

Phone: 0422 102 308

Email: [chapman.pn@gmail.com](mailto:chapman.pn@gmail.com)

## **SACRISTY DUTIES**

A dedicated group of Parishioners who maintain the Sacristy: this is the room behind the Altar where the vessels for communion are kept.

A new roster is made up each year and Sacristans are given nine dates in a year that they are rostered on to do the Sacristy Duties.

The group set up the 'Altar Tray' for each service and following the service clean the Altar Linen, Chalice, Paten etc.

If you would like to be part of this group we would love to have you spend time with us.

### **Janet Ferguson**

Phone: 9448 8809

## **FLOWER ARRANGERS**

Flowers are arranged for worship services on a roster basis. Usually one person does them 2 weeks in a row. For special festivals we arrange flowers as a team effort.

### **Kay Pearce**

Phone: 94477577

Email: [kaypearce7@bigpond.com](mailto:kaypearce7@bigpond.com)

## **OTHER GROUPS THAT MEET REGULARLY AT ST NICOLAS:**

### **AUSTRALIAN SEWING GUILD**

A group of people interested in sewing. All skill levels welcome.

2<sup>nd</sup> Saturday of the month 12:30 – 3:30pm

4<sup>th</sup> Saturday of the month 10:30 – 3:00pm

#### **Marian James**

Phone: 9401 6847

### **BRIDGE**

We enjoy playing social bridge, and sharing a cup of coffee – no directors.

**Thursdays 7:30pm** \$3.00/evening.

#### **Brian Gunn**

Phone: 0432 270 673

### **HEARTMOVES**

A "Heartmoves" class is an easy and accessible physical activity program that helps improve overall health, well being and quality of life. All fitness levels and ages are welcome and therefore anyone can join a "Heartmoves" class. The program has also been designed for older people who may not have exercised in a while, or those managing a chronic condition such as heart disease, diabetes or obesity. Classes take place on Tuesdays and Fridays.

#### **Sandy Duxbury**

Phone: 0417 866 600

## **WORSHIP ROSTERS to VOLUNTEER FOR:**

**LITURGICAL ASSISTANTS** Liturgical and Communion assistants help the Priest to provide liturgical services in our Parish. When on roster please arrive at Church 30min before the service. Training sessions are arranged as needed. For this ministry please see Helen Jane if you feel called to serve in this way.

***Contact the parish office if you'd like to go on any of the following rosters***

**READERS** This involves reading Old and New Testament passages during worship services as set out in the current lectionary. They are sent out via email each Wednesday. When on roster please arrive 10 minutes before the service and check your reading in the lectionary bible. Training as required.

**SCREEN OPERATORS** This involves operating the data projector during the second service. Training available on the job.

**SOUND DESK** This is operating the sound for the priest's microphone during the second service. Training available on the job.

**SIDESPEOPLE** Sides people greet newcomers, show people to their seats, collect the offering, direct flow of people during communion and generally assist with the smooth running of the services. When on roster please be at church 10 minutes before the service.

**WELCOMERS** Prior to services welcomers greet people at the church door, hand out service sheets and help create a welcoming atmosphere. When on roster please be at church 20min before the service.

## **MORNING TEA**

7:30 service has morning tea on the first Sunday of the month in the church hall, other Sundays you are welcome to join parishioners at the Carine Glades coffee shop down the road.

9:30 service has morning tea after every service. It involves setting up beforehand and providing some biscuits or cakes etc.

**CLEANERS** Teams of at least 2 people clean the Church and Hall on two consecutive weekends, twice a year. It involves vacuuming, dusting, disinfecting toilets and washing floors. You would be very welcome to join this ministry.

**Note:**

***If you would like to be involved with Gardening, Music, Sacristy duties and/or Flower Arrangers - please contact the relevant persons listed for that particular group***

## **SERVICE TIMES**

Wednesday 9:15am Eucharist

Sunday 7:30am Eucharist

9:30am Eucharist with Sunday School

during School term

### **St Nicolas' Vision**

At St Nicolas we express God's love in action.

In our Christ centred, inclusive and welcoming community

we grow in relationship with God and each other.

Our worship, fellowship, prayer, study, care and outreach

achieves measurable outcomes.