

# ST NIC'S NEWS

MAY 2021

Welcome to St Nicolas Anglican Church

Carine-Duncraig

Cnr Beach Road & Poynter Drive,  
Duncraig, WA 6023

Anglican  
Church  
Diocese of Perth



The drama and intensity of Holy Week and Easter was followed soon after by the Car Park Sale and all the hard work and busy-ness it involved. Some people had holidays and time away over the Easter school break, and some have taken the opportunity to get away now the children are back at school and the weather is still lovely.

Whatever your situation is, the need for rest and recreation exists; if God can rest on the seventh day then we need to take time off too! I am having a week's leave from May 3<sup>rd</sup>; not going away, just enjoying doing different things. I know it will be good for me.

Many of us are too busy, for all sorts of reasons, and we know deep down it isn't healthy; our bodies, minds and spirits need time to slow down and relax.

A phenomenon common to churches and other organisations is that often 20% of the people do 80% of the work-which is unhealthy and unhelpful for everyone. We need opportunities to contribute AND to rest. There is a time to give and a time to receive.

May God bless you as you work, rest, and play.

Lorna

## CONTACTS

### Parish Priest:

Revd. Lorna Green 0474 418 372

Email: [revlam@inet.net.au](mailto:revlam@inet.net.au)

### Wardens:

Marian Green 0403 026 717

Sandra Boylan 0408 106 604

### Parish Office (for non-urgent matters):

9448 1421 – please leave a message.

Email: [office@stnicolasanglican.org](mailto:office@stnicolasanglican.org)

**Admin Assistant:** Alex Williams is available the parish office on Tuesdays 08.30-12.30. You can also reach her on 9467 2207.

### Web:

<https://stnicolasanglican.wordpress.com>

### Social Media:

<https://www.facebook.com/StNicolasCD>

## PLEASE REMEMBER TO:

- sign in using the list or **Safe WA** app
- wear masks at all times, if mandated
- wash your hands and use sanitizer,
- sneeze /cough into your inner elbow,
- don't touch your face,
- greet one another with a smile,
- sit beside those with whom you live,
- otherwise maintain physical distancing.

*Thank you*

# Welcome

Everything you need to join in the service is on the screen. The Liturgy is taken from *A Prayer Book for Australia*.

Youth of all ages are invited to join our Godly Play sessions during term-time, related discussion and time to reflect. This happens in the hall during the 09.30 service after a blessing from Revd. Lorna. They then re-join their families at Holy Communion.

The family room is available for children and parents who need a quiet space.

## CONTACTING THE CHURCH

The Parish Office at St Nicolas' is only unattended some of the time. The Rector checks for phone messages and emails several times each week. The Parish landline phone (9448 1421) can take messages and these are checked and answered often- but not every day. If you have a non-urgent matter, please leave a message on the parish phone and there will be a response; similarly, if you send an email to [office@stnicolasanglican.org](mailto:office@stnicolasanglican.org) it will be answered, but perhaps not immediately. If your matter requires a quicker response please email the Rector on [revlam@iinet.net.au](mailto:revlam@iinet.net.au) , or ring her on 0474 418 372, or contact one of our Wardens.

## NEWCOMERS

If this is your first time at St Nic's or you are visiting from another parish, we are very happy to have you with us!

We are a friendly and inclusive parish and everyone is welcome to worship here.

We have a range of societies, groups and activities for young and old.

Please let us know if we can make you feel more 'at home' at St Nic's.

## OFFERINGS

We no longer pass the plate around, so please put your offering in the bowl near the font before the service or during the offertory hymn. To make your offering using bank transfer or direct debit these are the bank details:

**Anglican Parish of Carine Duncraig, BSB 706-001, Account 30003057**

## BIBLE READINGS

### **May 2** *Easter 5:*

Acts 8.26-40, Psalm 22.26-32, 1 John 4.7-21, John 15.1-8

### **May 9** *Easter 6:*

Acts 10.44-48, Psalm 98, 1 John 5.1-12, John 15.9-17

### **May 16** *Easter 7:*

Acts 1.15-17,21-26, Psalm 1, 1 John 5.9-13, John 17.6-19

### **May 23** *Pentecost:* Wear something red!

Acts 2.1-21, Psalm 104.26-36, Romans 8.22-27, John 15.26-27; 16.4b-15

### **May 30** *Trinity Sunday* (9:30 is an All-Age Service )

Isaiah 6:1-8, Psalm 29, Romans 8:12-17, John 3:1-17

## CAR PARK SALE SUCCESS AND THANK YOU

Many thanks to all the people who contributed to the success of the Car Park Sale.

- ♥ Thanks to those who started at first light and erected the gazebo and set up all the tables and chairs and took them all down again at the end.
- ♥ Thanks to all the stall holders and helpers, a big task setting up and then selling the goods.
- ♥ Thanks to the people who ran the café who did a brisk trade in drinks and cakes.
- ♥ Thanks to all who contributed goods.
- ♥ Thanks to all the High Viz men, and The Rev Lorna who will be known henceforth as the High Viz Vicar. 😊
- ♥ And thanks to the good Lord for providing such a glorious day. It was a great day and the camaraderie and friendship were wonderful to see and be part of.
- ♥ Finally thank you to helping us achieve \$3254.00!



THANK YOU!

## CYCLONE RECOVERY APPEAL

As you know, Kalbarri, Northampton, Geraldton and other communities have been seriously affected by Cyclone Seroja. The Anglican Relief and Development Fund Australia has announced the Western Australia Cyclone Recovery Appeal. If you would like to donate, here is the website address:

<https://preview.mailerlite.com/o3q7x0/1664145833378977052/n5j2/>

## DIARY

MAY	<b>2 Sun</b>	<b>Eucharist</b> 7.30am and 09.30am with Godly Play		Church
	<b>3 Mon</b>	- <i>Lorna's day off</i>		
	<b>4 Tues</b>	- <b>Craft And Chat</b> (weekly)	13:30-16.00	Hall
	<b>5 Wed</b>	- <b>Eucharist</b> (weekly)	09:15	Church
		- <b>WAGS</b> (weekly)	10:30 – 15:00	Hall
		- <b>Yoga Group</b> (weekly)	18.30 – 19.30	Hall
	<b>6 Thur</b>	- <b>Yoga Group</b> (weekly)	09.15 – 10.15	Hall
	<b>7 Fri</b>	- <b>Heartmoves</b> (weekly)	09:00 – 10:00	Hall
	<b>8 Sat</b>	- <b>ASG</b> (2 <sup>nd</sup> and 4 <sup>th</sup> Sat)		Hall
	<b>9 Sun</b>	- <b>Eucharist</b> 7.30am and 09.30am with Godly Play		Church
	<b>10 Mon</b>	- <i>Lorna's day off</i>		
		- <b>Friendship Group</b> (2 <sup>nd</sup> Mon)	19:30 – 21.30	Hall
	<b>11 Tues</b>	- <b>Opal Care Eucharist</b>	11:00	
		- <b>Craft And Chat</b> (weekly)	13:30-16.00	Hall
	<b>12 Wed</b>	- <b>Eucharist</b> (weekly)	09:15	Church
		- <b>WAGS</b> (weekly)	10:30 – 15:00	Hall
- <b>Yoga Group</b> (weekly)		18.30 – 19.30	Hall	
<b>13 Thur</b>	- <b>Yoga Group</b> (weekly)	09.15 – 10.15	Hall	
<b>14 Fri</b>	- <b>Heartmoves</b> (weekly)	09:00 – 10:00	Hall	
<b>15 Sat</b>	- <b>Cursillo</b> (2 <sup>nd</sup> Saturday)	08:00 – 09:00	Church	
<b>16 Sun</b>	- <b>Eucharist</b> 7.30am and 09.30am with Godly Play		Church	
	- <b>Barnabas Singers Concert</b>	15:00	Church	

### CONCERT 16<sup>TH</sup> MAY 3PM

Barnabas Singers presents a wonderful collection of songs of hope and renewal.

**Sunday 16 May, 3-4 pm at St Nic's**

**Make sure you book please** either using Trybooking

<https://www.trybooking.com/events/landing?eid=743242> or if booking online is an issue for you please talk to Revd. Lorna or to Margaret Smith.

<b>MAY</b>	<b>17</b>	Mon	- <b>Mothers' Union (3<sup>rd</sup> Mon) AGM</b>	10:00 – 12:00	Hall
	<b>18</b>	Tues	- <b>Craft And Chat (weekly)</b>	13:30-16.00	Hall
	<b>19</b>	Wed	- <b>Eucharist (weekly)</b>	09:15	Church
			- <b>WAGS (weekly)</b>	10:30 – 15:00	Hall
			- <b>Yoga Group (weekly)</b>	18.30 – 19.30	Hall
	<b>20</b>	Thur	- <b>Yoga Group (weekly)</b>	09.15 – 10.15	Hall
	<b>21</b>	Fri	- <b>Heartmoves (weekly)</b>	09:00 – 10:00	Hall
			- <i>Lorna's day off</i>		
	<b>22</b>	Sat	<i>Submissions for next newsletter by today please</i>		
	<b>23</b>	Sun	- <b>Eucharist 7.30am and 09.30am with Godly Play</b>		Church
	<b>24</b>	Mon	- <i>Lorna's day off</i>		
	<b>25</b>	Tues	- <b>Craft And Chat (weekly)</b>	13:30-16.00	Hall
	<b>26</b>	Wed	- <b>Eucharist (weekly)</b>	09:15	Church
			- <b>WAGS (weekly)</b>	10:30 – 15:00	Hall
		- <b>Yoga Group (weekly)</b>	18.30 – 19.30	Hall	
<b>27</b>	Thur	- <b>Yoga Group (weekly)</b>	09.15 – 10.15	Hall	
<b>28</b>	Fri	- <b>Heartmoves (weekly)</b>	09:00 – 10:00	Hall	
		- <b>Hexagon Patchwork (4<sup>th</sup> Friday)</b>	10:00 – 14:00	Hall	
<b>29</b>	Sat	- <b>ASG (2<sup>nd</sup> and 4<sup>th</sup> Sat)</b>	12:00 - 16:00	Hall	
<b>30</b>	Sun	- <b>Eucharist 7.30am and 09.30am All-Age Service</b>		Church	
<b>31</b>	Mon	- <i>Lorna's day off</i>			

### EVENT AT ST ANSELM'S KINGSLEY

**MORE THAN A WORD: RECONCILIATION TAKES ACTION!** On Saturday morning 22 May, St Anselm's will be running a Hot Topics forum on working towards reconciliation with our Aboriginal and Torres Strait Islander Australians. In the lead up to Reconciliation Week, this forum will provide an opportunity for learning and discussion around tangible actions that can be taken by all of us that will make a difference.

**22 May, 10 am to 12 noon.**

Morning tea will be provided.

For further information or to RSVP contact [graham.castledine@westnet.com.au](mailto:graham.castledine@westnet.com.au)

The next Poynter Market Stall will be  
June 26<sup>th</sup>

### MOTHER'S UNION

All MU members are invited to the AGM which will be held on Monday 17th May. You will be pleased to know that all positions have been filled so this is an opportunity to hear what our Branch has been doing over the past 12 months and for prayer, an opportunity for fellowship and to make decisions about the year ahead. The meeting will commence at 10 am with morning tea.

## WONDERING WITH THE CHILDREN

Term 1 was filled with exciting Godly Play stories and discussions with our young people. We had a different mix of children each Sunday and we explored: The **Holy Family, parables**, Circle of the **Church Year** and all the colour changes it brings, **Jesus and the Twelve**, the **Symbols of the Holy Eucharist** and the true meaning of Easter eggs. We were incredibly fortunate to have been invited to St Anselm's for the Good Friday Family Service – the afternoon was musical, sensorial, engaging and brought **Holy Week** to life for all the children who went. During Term 2 we will be wondering about The **Crosses**, various **parables**, the **Mystery of Pentecost** and some favourites from our sacred story shelves: **Creation**, the **Flood and the Ark**, the **Great Family**, The **Exodus**, The **Ten Best Ways**. Look out for some guest storytellers in the coming months, kids!

There will be a Godly Play training course during the long weekend of 6<sup>th</sup> June and if you are interested in joining the team of rotating storytellers, please let Lorna know.

If you are curious about what we get up to each Sunday, please feel free to join us for Godly Play. It really is suitable for all ages and is (usually) quite calm and contemplative.

## WOULD YOU LIKE TO VOLUNTEER?

There are so many ways you are able to volunteer at St Nic's. You can contribute:

- with student breakfasts at Balga SHS. (please contact Karen Finlayson)
- cleaning after services and during the week (please contact Kerry Pilcher)
- Young adults to get involved with Godly Play and supporting their younger counterparts during Sunday School (please contact Alex)
- Sacristans to help with preparing communion (please contact Revd. Lorna)

## SEWING MACHINES FOR NEEDY

We are blessed to have a parishioner who can refurbish old or unwanted sewing machines so they can be given to needy families. If you have a sewing machine or even spare parts for one, languishing in a cupboard somewhere, David will fix it and make it useable for someone who can use it.

### CONTAINERS FOR CHANGE

The St Nic's Containers for Change scheme ID is: **C10316184**

[www.containersforchange.com.au](http://www.containersforchange.com.au)

The depot in Joondalup is fully automated and requires this barcode:



**C10316184**

## FRIENDSHIP GROUP

On 12<sup>TH</sup> April, 12 members went on a tour of Parliament House followed by lunch in the Dining Room. Ten of us caught public transport and while we did get caught in the rain, it did not dampen our enthusiasm. Steve our Tour Guide shared so much information with us about Parliament House so we really learnt an awful lot. Our 3-course lunch was very delicious and the waiters were so attentive towards us. A really lovely outing for us all and we thank Parliament House for inviting us.

Our next meeting is on Monday 10th May in the Parish commencing at 7.30pm

Our founding member of the Friendship Group is celebrating her 100th Birthday on the 23rd May. ***Happy Birthday Mary. We all send our love and best wishes to you on your special day!***

## SUSTAINABLE LIVING COURSE

**The 2021 Sustainable Living Course in Duncraig** is a journey towards more regenerative living in your world, community, environment, garden, and household, facilitated by Kath Moller and supported by Duncraig Edible Garden. Connect with people in your community who also want to live more sustainably.

**Learn practical ways to live a healthier lifestyle with a lighter ecological footprint:**

**Water, Energy, Waste, Transport,  
Community, Biodiversity, Gardening for  
food, Healthy Home, Healthy You and  
Simple Living, Permaculture principles.**

**Think Global, act Local,** be the change you want to see in the world.

**Dates and times:** This interactive, down-to-earth course runs over seven sessions: 7-9pm on Thursdays - 20 May, 27<sup>th</sup> May, 3<sup>rd</sup> June, 10<sup>th</sup> June, 17<sup>th</sup> June, 24<sup>th</sup> June and an outing (date tbc at first session).

**Location:** St Nicolas Church Hall.

**Cost:** \$10 /session for waged, total \$70

\$5 /session for St Nic's members and unwaged, total \$35 (*until 8<sup>th</sup> May*)

**Book online:** <https://events.humanitix.com/2021-sustainable-living-course-duncraig>

Enquiries [kjmoller@wn.com.au](mailto:kjmoller@wn.com.au)

## WHAT DO YOU RECOMMEND?

**What are you reading? Is it any good? Is there a documentary, series or film you think other parishioners might enjoy?**

Parishioners have recommended the following:



***Mammoth*, written by Chris Flynn:** The original, unforgettable and thought-provoking new novel by award-winning author Chris Flynn that will change how readers understand the world.

Narrated by a 13,000-year-old extinct mammoth, this is the (mostly) true story of how a collection of prehistoric creatures came to be on sale at a natural history auction in New York in 2007. By tracing how and when these fossils were unearthed, *Mammoth*

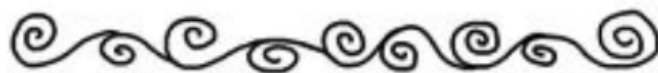
leads us on a funny and fascinating journey from the Pleistocene epoch to nineteenth-century America and beyond, revealing how ideas about science and religion have shaped our world. With our planet on the brink of calamitous climate change, *Mammoth* scrutinises humanity's role in the destruction of the natural world while also offering a message of hope.

*(It's great as an audio book too!)*

***A Plastic Ocean***, watch on Netflix or SBS on demand.



Journalist Craig Leeson teams up with diver Tanya Streeter and an international team of scientists and researchers, and they travel to twenty locations around the world over the next four years to explore the fragile state of our oceans.



Reminder: The mail centre outside the hall kitchen is for everyone to use. Please remember to check the relevant pigeon holes for any communication addressed to you (alphabetical by surname).



Please submit inclusions for the June newsletter to Alex Williams  
**by Sunday 23<sup>rd</sup> May.** Thank you.